

Silver Pines PS Contact Information

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Administrative Assistant: Susie Morra Secretary: Shelli Gould

Principal: Sherry Zarif Vice-Principal: Georgia Petinarelis



Pink Shirt Day – February 22

Pink Shirt Day is a globally recognized day in support of anti-bullying, upstanding behavior and simple acts of kindness. **On February 22nd, we are encouraged to practice kindness and wear pink to show that we do not tolerate any form of bullying.**



Report cards are part of our ongoing communication to support student achievement and well-being. We hope that the Term 1 report card will provide valuable feedback for your child while supporting conversations about learning at home. Your child's report card will be distributed between **the week of February 21, 2023**. These reports will be distributed using the same process used for the Progress Reports via student **Board Google GAPPS accounts**.



A reminder that Monday, February 20th is Family Day and **schools are closed**. Hope you have a wonderful long weekend with your family and loved ones!

YRDSB Podcast

Did you know that YRDSB has a podcast? From in-depth discussions on issues affecting education to practical conversations for families, Tune In YRDSB helps you stay connected to what's happening in education.

Check out some of our latest episodes, available on most podcast platforms. Don't miss our monthly wrap-up episodes sharing the latest news and upcoming events each month.

- [Shine episodes](#) featuring Black voices and celebrating Black excellence in its many forms.
- [Introduction to Special Education](#). Learn more about how students are identified, what to expect, how we work with families to support students and more. We also invited students to tell us how their IEP helps them.
- [Adult Learning](#). Two students sit down with adult learning educators to share their stories and talk about the benefits of adult learning. Find out how it works, what to expect, and why students feel "at home" here.
- [Tamil Heritage Month](#). Staff, students and family members speak about Tamil Heritage Month, Tamil identity and how we can create learning and working spaces that affirm Tamil identity.
- [Yad Vashem](#). Join YRDSB educators as they sit down with staff from Yad Vashem to discuss the importance of Holocaust education in Canada.

News, Tips and Resources for Families

Looking for the latest news, tips and resources for families? Some of our departments put out monthly newsletters that provide helpful updates and resources for families.

Visit our [newsletters page](#) to see them all, or check out the latest from:

- [Centre for Black Student Excellence](#)
- [Math](#) and [Math Problems of the Month](#)
- [Mental Health](#)
- [Parent, Family and Community Engagement](#)
- ["The Special Edition"](#) Exceptional Learning Strengths and Needs Newsletter

Parent/caregiver series supporting students of Chinese Heritage

The series will provide a number of parent/caregiver virtual events to build community, support mental health, and promote healing.

The third session in the series is offered for any parent/guardian of students of Chinese Heritage. Parents, caregivers are invited to join this workshop and engage meaningful conversations that help students thrive at school. Tips on ways that help strengthen family relationships and emotional wellbeing will be shared. This will be a free virtual event.

Community Building and Engagement Event

February 27th, 2023 at 7:00pm-8:30pm Cantonese Session

[Registration for Cantonese Session](#)

March 6th, 2023 at 7:00pm-8:30pm Mandarin Session

[Registration for Mandarin Session](#)

Walk and Roll Wednesdays

Every Wednesday, we are promoting the importance for students and staff to travel to school using a number of different outdoor travel methods. These could include walking, running, biking, scootering, rollerblading; you name it!! Every other Wednesday there will be some promotional activity to celebrate healthier and environmentally-friendly alternative means of travel to come to school. We will continue having different activities related to the “Walk and Roll Wednesdays” program every Wednesday until the end of the school year. **Not only is this a healthier lifestyle choice, but it will also significantly reduce the vehicle traffic around the school at drop-off and pick-up.** We are also encouraging our bussed students to choose their bus as their mode of transportation to and from school over being dropped off by car/vehicle. We can’t wait to see everyone making an effort to choose a healthier and environmentally-friendly alternative way to come to school.

Fostering Your Child’s Emotional Intelligence

Join us to learn and share with your community how the families are supported!

Cantonese Session (see attachment for details)



Parenting Program for Farsi and Dari Speaking Families

Building healthy relationships with your children is a fundamental parenting skill. As a parent, we want to raise healthy individuals. This starts with knowing and practicing strategies that help us mitigate parenting challenges. Join us for a session full of helpful information and practical strategies. Some of these topics are:

Session 1: Fostering positive relationships with children with looking at self-esteem enhancement strategies

- Tips on fostering a healthy and secure attachment with your child
- Useful communication strategies such as emotional validation and normalization
- Learning how to strengthen your child's self-esteem

Session 2: Regulating Emotions

- Functionality of emotions: What can emotions do for you?
- Understanding and naming emotions
- Tips for addressing your child's emotions and strategizing healthy coping strategies to deal with challenging emotions

Session 3: Social Media and Parenting Concerns Q&A

- Social media and recommendations regarding healthy social media habits
- Age-appropriate screen time
- Peer pressure and interpersonal skills

Date: February 27, March 27 and April 24, 2023

Time: 6:30 pm - 8:30 pm

Location: Zoom (Virtual) Held in Farsi / Dari

[Register Here](#)

For more information, please contact: **Maryam Jariani**
Community Partnership Developer (Iranian/Afghan Community)
maryam.jariani@yrdsb.ca; 905-727-0022 ext. 3512



Speaker: Afsaneh Zafarani School Social Worker

Speaker: Mahsa Ghayoumi Psychotherapist from (Family Service York Region)



TÜRKIYE and SYRIA EARTHQUAKE

List of Urgently Needed Items

Winter Clothing (coats, jackets, raincoats, boots, gloves, scarfs, hats)

Tents

Camping mattress

Blankets

Sleeping bags

Thermos

Flashlights (without batteries)

Diapers

Cleaning and Personal Hygiene

Sanitary Napkins

Dry Food Items

Baby Formula

All donations will be sent to Türkiye in a prioritized manner via the Consulate.

Donations to Syria will be distributed from Türkiye through a third party organization.

Donations may be dropped off at:

Humanity First Food Bank

600 Bowes Rd, Unit 40, Concord ON L4K 4A3

Telephone: (416) 440-0346

Email: info@humanityfirst.ca

You may also donate online at www.humanityfirst.ca

Upcoming Dates

February 20 – Family Day (No School)

March 6 & 7 – Dental Screening

March 13 to 15 – Spring Break

March 23 – Grade 8 Graduation Photo Day